

Nursery – Snacks and Teas from 17th February 2025

Week One				
Day	Morning Snack	Afternoon Snack	Tea	Pudding
Monday	Banana, maltloaf, pear	Cheese, crackers, grapes	Readymade sausage and cheese rolls, mixed lettuce, cucumber & tomato	Yoghurt
Dairy Alternatives	Free from fruit loaf	Free from crackers; free from cheese (vegan)	Free from bread; free from cheese (vegan)	Free from yoghurt
Tuesday	Breadsticks, carrot, cucumber, cream cheese	Mango, banana, apple	Cheese scones with butter & pepper sticks	Fruit
Dairy Alternatives	Free from breadsticks; free from cream cheese (vegan)		Free from alternative	
Wednesday	Rice cakes, apple	Melon, raspberries, orange	Cheese scones with butter & pepper sticks	Yoghurt
Dairy Alternatives			Free from alternative	Free from yoghurt
Thursday	Grapes, orange, plum	Peach, pear, bread sticks	Sandwiches with ham, cheese, mixed lettuce	Fruit
Dairy Alternatives		Free from bread sticks	Free from bread; free from alternative; free from cheese (vegan)	
Friday	Melon, rice cakes, blueberries	Maltloaf, bananas, grapes	Quiche Lorraine; pepper sticks & tomato	Yoghurt
Dairy Alternatives		Free from fruit loaf	Vegan quiche	Free from yoghurt

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Week Two				
Day	Morning Snack	Afternoon Snack	Tea	Pudding
Monday	Rice cakes, apple	Pineapple, malt loaf, pear	Bagels with ham, cheese, carrot & cucumber sticks	Fruit
Dairy Alternatives		Free from fruit loaf	Free from bagels; free from alternative; free from cheese (vegan)	
Tuesday	Tzatziki, bread sticks, carrot	Blueberries, peach, banana	Spaghetti on toast with pepper sticks	Yoghurt
Dairy Alternatives	Free from crackers; vegan mayonaise		Free from Bread	Free from Yoghurt
Wednesday	Crackers, cheese, apple	Satsuma, grapes, strawberries	Crumpets with cream cheese, jam, tomato & beetroot	Fruit
Dairy Alternatives	Free from crackers; free from cheese (vegan)		Free from crumpets; free from cheese (vegan)	
Thursday	Bread sticks, humous, pepper	Melon, plum, orange	Frankfurter hot dogs (normal & Vegetarian) rolls, lettuce, pepper sticks	Yoghurt
Dairy Alternatives	Free from bread sticks; vegan mayonaise		Free from rolls	Free from Yoghurt
Friday	Satsumas, maltloaf, banana	Rice cakes, apple	Sandwiches with jam, cucumber sticks & tomato	Fruit
Dairy Alternatives	Free from fruit loaf		Free from Bread	

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Week Three				
Day	Morning Snack	Afternoon Snack	Tea	Pudding
Monday	Tomato, pepper, bread sticks	Crackers, cheese, apple	Wraps with cheese, ham, pepper sticks	Yoghurt
Dairy Alternatives	Free from bread sticks	Free from crackers; free from cheese (vegan)	Free from wraps; free from cheese (vegan)	Free from Yoghurt
Tuesday	Pineapple, malt loaf, pear	Tzatziki, bread sticks, carrot	Cheese on toast with cucumber sticks	Fruit
Dairy Alternatives	Free from fruit loaf	Vegan mayonnaise; free from bread sticks	Free from bread, free from cheese (vegan)	
Wednesday	Satsumas, apple, strawberries	Grapes, oranges, banana	Sandwiches with jam, cheese & tomato	Yoghurt
Dairy Alternatives			Free from bread, free from alternative, free from cheese (vegan)	Free from Yoghurt
Thursday	Crackers, cream cheese, cucumber	Fruit loaf, pear, banana	Ham & cheese pizza with mixed lettuce	Fruit
Dairy Alternatives	Free from crackers; free from cheese (vegan)	Free from fruit loaf	Free from pitta bread; free from cheese (vegan)	
Friday	Rice cakes, melon	Bread sticks, humous, pepper	Spaghetti hoops on toast, carrot & cucumber sticks	Yoghurt
Dairy Alternatives		Free from bread sticks; vegan mayonaise	Free from bread	Free from Yoghurt

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Week Four				
Day	Morning Snack	Afternoon Snack	Tea	Pudding
Monday	Watermelon, raspberries, pear	Mango, apple, bread sticks	Scrambled egg on toast	Fruit
Dairy Alternatives		Free from bread sticks	Free from bread	
Tuesday	Cheese, crackers, apple	Grapes, orange, banana	Quiche Lorraine, mixed lettuce, cucumber & tomato	Yoghurt
Dairy Alternatives	Free from crackers; free from cheese (vegan)		Vegan quiche	Free from Yoghurt
Wednesday	Maltloaf, oranges, grapes	Strawberries, peach, mango	Ham & cheese pizza with mixed lettuce	Fruit
Dairy Alternatives			Free from pitta bread; free from cheese (vegan)	
Thursday	Apple, cucumber, banana	Rice cake, pear, plum	Crumpets with toppings	Yoghurt
Dairy Alternatives			Free from alternative	Free from Yoghurt
Friday	Tomato, pepper, bread sticks	Crackers, carrots, cucumber, cream cheese	Sandwiches with ham, cheese, carrots & cucumber sticks	Fruit
Dairy Alternatives	Free from bread sticks	Free from crackers; free from cheese (vegan)	Free from bread, free from alternative, free from cheese (vegan)	